

25



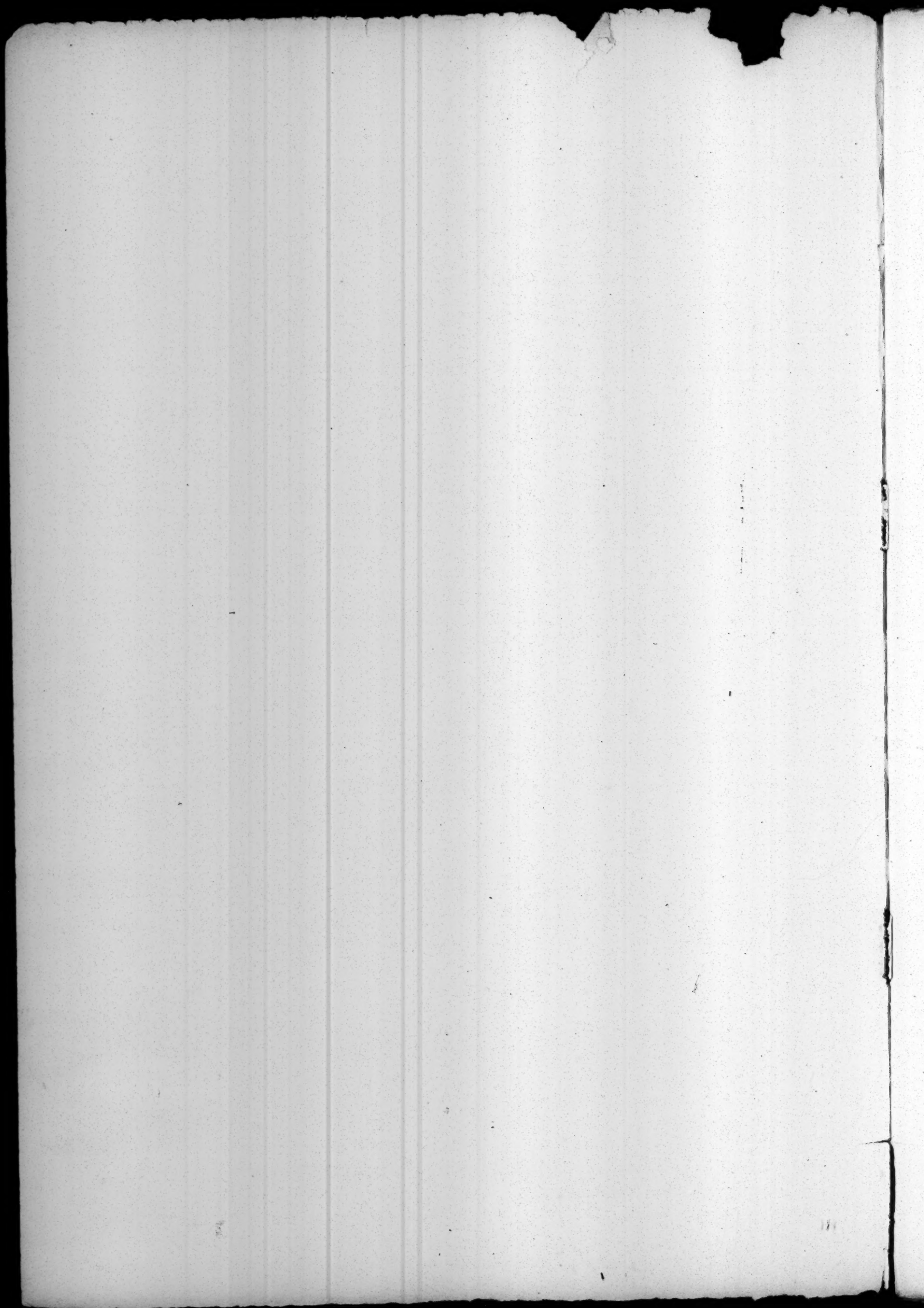
A PRACTICAL COURSE OF INSTRUCTION—ISSUED IN 52 PARTS
COPYRIGHT 1904 BY ERNEST YATES LOOMIS.

*There is but one subject
and that is Life.
There is but one Science
and that is
The Science of Life.*

Conducted by
ERNEST YATES LOOMIS,
28 East 9th St., New York.

6

52
PARTS



SUBJECTS AND BRIEF SYNOPSIS
OF A PRACTICAL COURSE OF INSTRUCTION IN
LIFE SCIENCE

ISSUED IN FIFTY-TWO PARTS.

Price For The Course, \$12.00 Cash, or \$1.00 Extra on Instalments.

Part 1. THE MAGIC STORY; Introduces the student to himself—to his own higher powers and possibilities; gives success secrets.

Part 2. POWER OF THOUGHT; Shows how to accomplish results in all business and art through the silent powers of mind.

Part 3. LOVE IS POWER; Shows how to cultivate the love life and what the results will be.

Part 4. WOMAN'S SECRET POWERS; Gives the secret of woman's virtues and powers and shows how to improve them.

Part 5. HOW TO RULE YOUR KINGDOM; Shows how to master the self and control circumstances.

Part 6. USEFUL PRACTICES; Shows how to develop and use your powers by unusual methods.

Part 7. ESOTERIC LAWS OF HAPPINESS; Shows how permanent happiness may be insured and what practical results will ensue.

Part 8. MENTAL HELPS; Gives practical methods of developing and using special talents.

Part 9. LIFE SCIENCE IN A NUTSHELL; One of the most powerful, practical and popular of the series—is extensively known.

Part 10. MARRIAGE; Explains cause and remedies of matrimonial inharmonies. All should study it.

Part 11. HOW TO CREATE OPPORTUNITIES; Is all the subject implies—Has helped many to get out of ruts and stay out.

Part 12. YOUR TALENTS; Shows how not to waste opportunities; gives clues to hidden personal powers.

Part 13. HEALTH; Explains philosophy of health; shows why ordinary health methods fail.

Part 14. HEALTH RECIPES; Gives practical health methods that all may apply; explains healing power of love.

Part 15. METHODS OF USING YOUR POWERS; Shows how Life Science may be applied to produce any useful result. (A continuation of parts 13 and 14.)

Part 16. METHODS OF SELF HELP; Shows that all true help is self-help, also how "God helps him who helps himself."

Part 17. SELF-HELP THROUGH SELF-TRUST; Gives law of vibration; deepest of the series; Should be studied with the others.

Part 18. SELF-HELP THROUGH SELF-KNOWLEDGE; Also deeply philosophical and practical; shows advantages of self-knowledge and how to apply it.

Part 19. SELF-HELP THROUGH SELF-CULTURE; Shows advantages and methods of self-culture, also defects in present educational system; Explains re-incarnation.

Part 20. PLAN OF SELF-CULTURE AND SELF-HELP; This plan has proven helpful to many.

Part 21. HELPS; Much needed by average thinkers; Opens up a new world; constructively critical.

Part 22. SEX FORCES AND REGENERATION; Shows importance, powers and processes of regenerate life and cure of insanity.

Part 23. POWER OF INTEGRITY; Shows why honesty pays and how to disarm every obstruction to success and virtue.

Part 24. LAW OF ATTRACTION; Gives secret of personal influence; shows how to attract friends and success results.

Part 25. LIFE SCIENCE HELPS; Shows how special benefits may be derived through these studies and why "knowledge is power."

Part 26. THOUGHT LAWS AND METHODS CONDENSED; Shows how to increase and use your mental endowments.

SUBJECTS AND BRIEF SYNOPSIS
OF A PRACTICAL COURSE OF INSTRUCTION IN
LIFE SCIENCE

ISSUED IN FIFTY-TWO PARTS.

Price For The Course, \$12.00 Cash, or \$1.00 Extra on Instalments.

Part 27. **THOUGHT-LAWS AND METHODS CONTINUED**; Gives valuable rules for developing and using mind powers; Pithy, practical and philosophical.

Part 28. **THE COMING CHURCH**; Shows bearing of Science upon devotion, and how Science and Religion will be united; Valuable suggestions to ministers and others.

Part 29. **SOUL OF BEAUTY**; Shows influence of ideals and how they become embodied, also art and importance of dressing tastefully.

Part 30. **SOUL OF FORTUNE**; Shows why some are always fortunate; Valuable hints to money-makers; Gives secret of so-called "good luck."

Part 31. **SOUL OF THE FUTURE**; Discloses secret causes and influences now at work and shows what results must inevitably follow; Valuable helps in management of practical affairs.

Part 32. **SOUL OF LOVE**; Idealistic and philosophical; Gives valuable love secrets which will prevent mistakes; Lofty and scientific.

Part 33. **SOUL OF SURROUNDINGS**; Shows influence of surroundings and how to attract ideal environments.

Part 34. **SOUL OF HEALTH**; Gives secret of perpetual youth, also valuable health suggestions; Explains immortality.

Part 35. **CONCENTRATION**; Daily drills for March of each year.

Part 36. **CONCENTRATION**; Drills for April of each year; Affirmations and ideal suggestions.

Part 37. **CONCENTRATION**; Drills for May of each year.

Part 38. **CONCENTRATION**; Drills for June of each year.

Part 39. **CONCENTRATION**; Drills for July of each year with explanations of zodiacal influences.

Part 40. **CONCENTRATION**. Drills for August of each year.

Part 41. **CONCENTRATION METHODS AND HELPS**; Daily drills for September of each year.

Part 42. **CONCENTRATION**; Drills for October of each year.

Part 43. **CONCENTRATION**; Drills for November of each year.

Part 44. **CONCENTRATION**; Drills for December of each year.

Part 45. **CONCENTRATION**; Drills for January of each year.

Part 46. **CONCENTRATION**; Daily drills for February of each year. The daily affirmations and helps which go with these 365 short essays on Concentration, it is earnestly believed are worth the price of the entire course to any one who will faithfully apply them.

Part 47. **SECRET OF PERSONAL POWER**; Valuable to all who would enlarge their sphere of influence and usefulness, especially authors, musicians and merchants.

Part 48. **RULES OF LIFE**; Gives six sets of valuable rules, also business hints and ideal suggestions.

Part 49. **THE WAY TO WEALTH**; Valuable mercantile helps; Shows how to develop originality of method and improve methods constantly.

Part 50. **THE ART OF LIVING**. Gives simplified methods, helps to promotion and important formula.

Part 51. **SOURCES AND CONDITIONS OF HAPPINESS**; Reduces happiness to scientific basis; Shows how to control the moods.

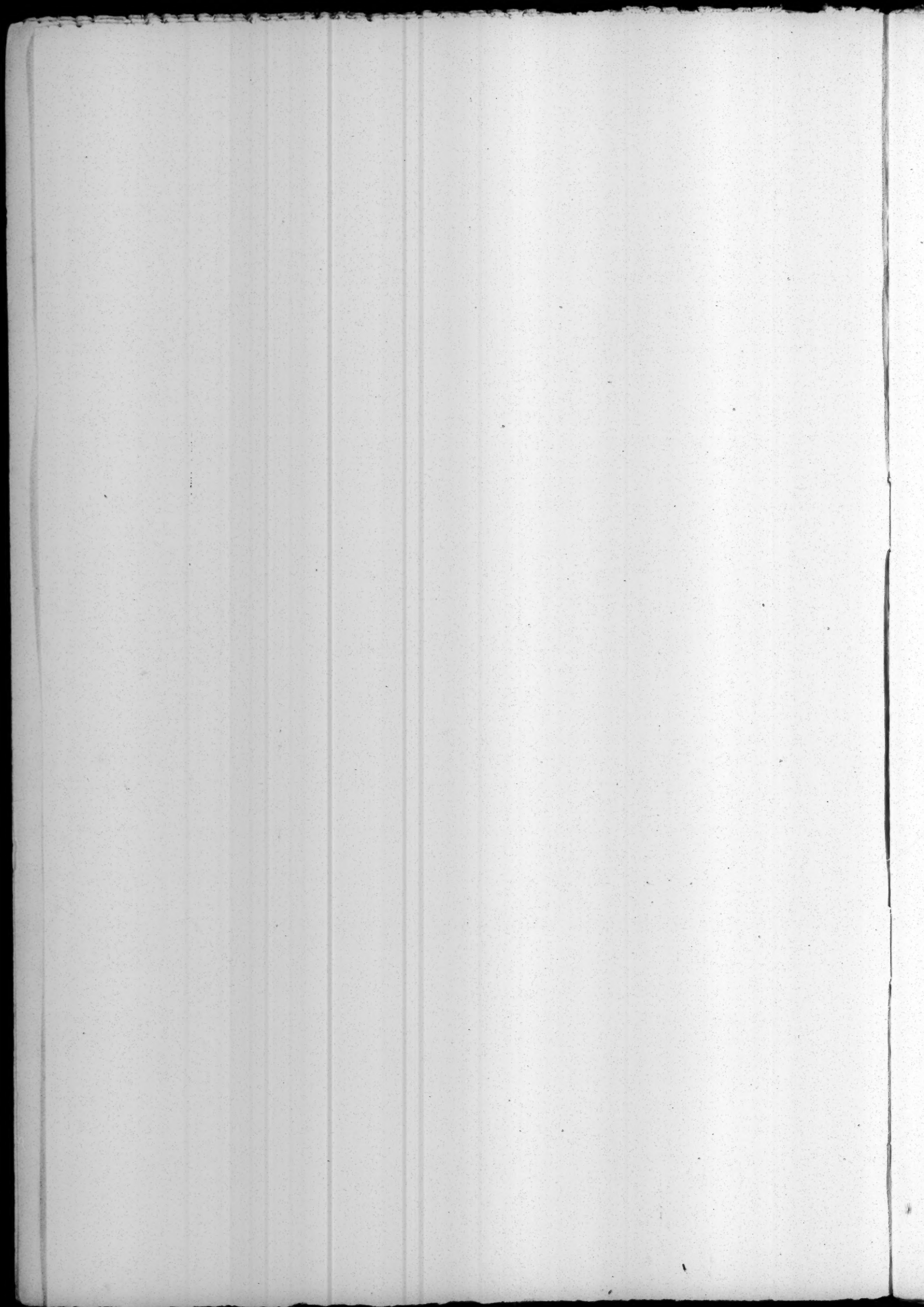
Part 52. **A PLAN OF LIFE**; It would require many pages to adequately describe these 52 lessons and the 832 test questions which are brought out for review.

LIFE SCIENCE.

Part Six—Aims And Objects.

Before this course of study is completed, an effort will be made to outline the exact process of building brains and of adding power to the entire organism.

"Life is a search for power." Power is developed through use. The Science of Life is learned by practice fully as much or more than by precept. The two should go hand in hand. When one learns the basic principles of life he should ponder over them, and thus allow them to unfold, as ideas in his mind, until they represent the complete system of relationships, methods and applications of those basic principles which comprise Life Science as a whole. This may take time and patience, but as the mind becomes quiet and poised in contemplation, these thought processes will bring joy—the joy of continual discovery and the newness of life which results therefrom. That is true soul-building. There is much to be gained by the practice of Life Science which means "the practice of the presence of God." It is only through knowledge and practice that the individual may become a true reflection of the Divine Ideal or of the Infinite Laws which are within him. These laws constitute true Life Science. The practice of these laws constitute the Perfect Life as was exemplified by the Christ of Judea.



Useful Life Practices

COPYRIGHTED 1897, BY ERNEST LOOMIS

The fairy story of "Alladin's Lamp," which accomplished such wonderful things for him, only illustrates the true principle that man has within, a power which, if understood, would enable him to gratify his every desire through the magic of a wish and entirely without effort or strain.

If your world does not entirely satisfy the deepest longings of your nature, it is time you learned how to manufacture a world that will.

The practices herein formulated being founded on the laws of your "Alladin's Lamp," will bring proofs to you of its existence and powers, and will also bring from within the priceless knowledge of how best to use it in so manufacturing such a world for yourself. The effort is not to give a large number of practices at present, but to give practical ones that can be easily applied. The rules are so simple that many will doubt their efficacy, but perhaps will be led to try the equally simple methods of obtaining proofs, viz.: by practicing them.

This publication undertakes to prove that man is born to be rich, that his constitution in its varied and expensive tastes implies larger demands on nature than a mere subsistence. A narrow philosophy and nar-

"Co-operative thought generates power."

rower religion may try to argue these wants down, but man will continue to want until his desire to know is satisfied by that complete knowledge which is Infinite, and as Infinite in power. It would be the height of cruelty for the Infinite to create wants that could not be satisfied.

The Infinite is eternal and could not be cruel for the reason that cruelty is discordant vibration and self-destructive.

Did it ever occur to you that man's *desire* for and *hope* of immortality is for the above reason almost unanswerable proof that he is immortal?

Man's principle of immortality or *soul* is his power to think, and its counterpart is truth, or God, which is the irresistible magnet that will keep the soul alive as long as truth exists, which is forever.

Man's indestructible power to think implies constant growth until he has acquired the complete knowledge and experience which will enable him to demonstrate the complete mastery and co-existing immortality of himself and his source. "Knowledge is power." God's method of manifestation is through man.

Limited observation is sufficient to teach that nature's relentless law of necessity taunts and insults man with the pains of cold, hunger and starvation until he is forced to learn how to supply himself with food, but at each step, with each thought, a new want is created; and so will it ever be, until he answers his true, intimate and unlimited relations to all persons and things.

Every instinct in man is a thought, and as such, contains within itself the indestructible power to gradually satisfy its wants.

"Co-operative thought generates power."

Painful experiences in the early stages of evolution only awaken that sympathy, which will never rest satisfied until it is able to minister to and relieve the wants of *all* other sufferers.

It is a good thing for philosophers and religionists to argue that man's real wants are few, and that he should not allow his selfishness to conflict with the rights of others, for their arguments substantiate the fact of his non-separateness from his fellowmen, and also unknowingly confirm the very principles of a deeper philosophy, viz.: that man's constitution and non-separateness from others implies *sympathy* and the loving desire to *serve* them, and *that* in turn implies the strength and power to do so, which only comes from widened and ever-widening relations.

To give, implies that we first receive. Self-help necessarily precedes true help to others, and self-knowledge precedes self-help. Man's very soul is his power to think, and therefore helpful life practices are necessarily founded on the laws of thought.

Vibration through the vibratory power of thought, being the essence of all created things, is the "Alladin's Lamp" which is always available in accomplishing results in business or art.

Do you not see how? If vibration is the essence of things and thought the power which generates and controls *vibration* then is it not easy to deal with the essence or vibrations of things at a *distance*, and thus control them by the power of trained thought?

Do you not see how you can manufacture a world to suit yourself?

True thought training leads to the development of

"Co-operative thought generates power."

an interior method of thinking, which enables one to awaken the higher vibrations of thought and thus accomplish undertakings seemingly impossible. That interior method of thinking is best attained by observing the law of silence, which is a species of thought training.

The real origin and essence of vibration is that something within which transcends thought and which uses thought only as its medium or agent.

Its depths can best be reached by that profound silence which comes only when the mind is perfectly steady and to produce which we should observe the mental practice of silence.

Silent thought is more potent than spoken words. Speech interferes with the focusing power of the mind by drawing the attention without. "Matter is retarded motion." Words likewise retard the vibrations of thought.

A word when hitched to the vibrations of a thought for the purpose of expressing it, first acts as a dead weight, but gradually gains momentum and velocity as its use is thus repeated, but it never can attain the velocity of the thought itself, which is the thing it but weakly and imperfectly represents, and is also the *cause* of its increasing momentum.

When a word is bandied about with a variety of conceptions regarding its meaning it gradually attaches to itself an increasing load of inharmonious vibrations.

For this reason the word God, or any other word which is used chiefly with sacred intent should never be used in criticism or blasphemy.

Sacred words are sacred because they refer to things

"Co-operative thought generates power."

permanent and thus acquire correspondingly high rates of speed or vibration.

Profane persons little realize the disastrous vibrations they invoke on themselves by thus attaching discordant and destructive thoughts to the high vibratory currents of truth, which makes their harmful effects that much greater.

Such punishments are not vindictive, but come from the infringement of a natural law. If man will trifle with vibratory causes he cannot dodge the reaping of the legitimate consequences.

Persons should abstain from the use of disagreeable words as well as disagreeable thoughts.

To use a disagreeable word even on the printed page of a book will generate discordant vibrations which build themselves into the "aura" of the book as well as into the character of each reader. Each reader will increase the unpleasant vibration by his thought, for all of the associations of the word will partake more or less of its character. To merely think of it necessarily repeats its vibration.

The mere presence of a good book adds to a room the helpfulness of its vibratory charm.

To use words involves a greater responsibility than people realize, and should be done with great care.

Wise "speech is silver." "Silence is golden." Even thought is retarded motion when compared with that which it represents, viz.: omnipresent truth itself.

When thought becomes so silent and interior as to be supersensuous, its powers will be correspondingly greater. Many have asked on what laws the life practices of the Home Silent Thought Brotherhood are

"Co-operative thought generates power."

founded. As its name implies, it is founded on the laws of *silence*, *thought*, and *help from within*, and at a *place* where all should find it ever available for their daily needs, viz.: at *home*. The deepest life scientists are the quiet ones, who realize that to run around for truth is an unnecessary dissipation, because it can be found at home and from within by the proper observation of a few fundamental laws of thought. It is the purpose of this society to enable its members, without expense, to avail themselves of the wonderful powers of thought in all their affairs, under the best possible conditions, and in co-operation with others of similar motive and the best mental calibre.

The brotherhood of man is as fundamental in man's constitution as is the fatherhood of God, and is the basis of all religious teachings, therefore no one will wish to dispute the fact that better results are obtained by organization and harmonious co-operation, providing it is along sound lines.

Students of Life Science will of course realize that it is unnecessary that people's bodies should be together in order that they may co-operate in thought. On the other hand, distance overcomes the usual outward distractions and acts as the greatest of all safeguards in the maintenance of that harmony which is all-important.

A helpful practice which each reader of this publication is invited to join this Brotherhood in observing, is to dismiss all outward thought and be silent during part or all of each noon hour, in order to draw for each individual need, on the harmonious thought-currents so generated by their united efforts.

"Co-operative thought generates power."

By simply dismissing all thought at that time except a desire for the good of yourself and others will help to connect the personality with the higher self, which is able to live forever and equally capable of accomplishing all results in business and art when so brought into use.

A successful, just and righteous business is not beneath the dignity of any soul. The soul's closer connection with the outer self can be secured by this easy and natural process of silent thought. Thought-helps to others should always be by thus helping them to help themselves.

The subscribers to this publication whose continued interest is thus indicated, are each given our special subject for daily contemplation at the noon hour which it is believed will add to the helpfulness of the noon observance by throwing the person still more *en-rapport* with the combined current.

Those who desire it can also obtain from us two very inexpensive books (50 cents each) which are especially connected with the vibration of this current, and which in themselves are particularly helpful and strengthgiving whenever used (because vitalized by the vibrations of deep truths). In other words, these books are especially impregnated with the blessing of kindly thought vibrations.

The most simple ring can by such a process be made more valuable than would be the most expensive necklace of diamonds if given in hate. People fail to comprehend the opportunities they have for dispensing helpful blessings in their every act, even with every piece of money they pay out and in everything

"Co-operative thought generates power."

they do "Bread" thus "cast on the waters" is sure to "return after many days," and will ever do so as long as there is such a thing as natural law.

Each book thus given out is accompanied with special directions for its use during part of each noon hour.

All development and power comes through interior unfoldment, and the Brotherhood's other methods of helping members to help themselves are based on the laws of man's constitution and are along the line of giving them special individual self-knowledge from the best and most scientific and reliable sources we know, the character of which sources previous numbers indicate.

It is suggested that those who unite in the daily noon hour observance should, so far as is possible, use the same room each day in order that it may become a focusing point for helpful forces. If so used it will in time become more and more saturated with helpful thought vibrations, and if used *exclusively* for such purposes will thus become a church of silent prayer or "holy of holies" that will be ever available. Daily needs can thus be answered by a daily supply of strength for character building and the accomplishment of all proper undertakings. Those who observe this hour regularly find that the vibration soon becomes a daily sentinel which announces the hour of noon with the regularity of a clock.

Beware that you do not let the essence of your thought vibrations ooze out through words or overactivity and habits of hurry. Power is too precious to be wasted. It should be husbanded.

The law of vibration explains the esoteric signifi-

"Co-operative thought generates power."

cance of words and explains why mere literary genius is freezing cold and insignificant when compared with any expression of truth however awkward, which comes direct from the fires of life in the heart. The significance of words should always be measured by the degree of soul they express.

Silent daily meditation, if subject to proper methods, opens up a channel which enables one to dish up truth red hot, from the ever living flame of its original source within.

Do you ask what the noon hour observance will enable a person to do?

It will assist him in doing for himself whatever he wants to do. It will furnish the attractive power which will bring on the wires of co-operative thought, one's *real* friends. That class of friends which are too great to feel sore whenever he fails to do that which they want him to do. It will enable him to be a better friend to them in return.

It will enable a person to build up a righteous and more successful business as well as to strengthen every good quality and supply every need.

Success is based on character or the vibratory powers of thought and is best attained by asking for wisdom and qualities instead of for the things themselves. It is the permanent mood of mind, which sends out the vibratory thought causes which solidify into material success.

At the noon hour a person should first demand wisdom, to know his real needs and the best methods of supplying them. One may safely ask for more faith in the powers of thought, quicker intuitions, true

"Co-operative thought generates power."

dignity and self-confidence, freedom from the tyranny of other minds, a higher and broader sense of justice, including justice to self, the power to be truthful at all times, more strength, better health, more courage, love, thoroughness, exactness, precision, deliberation, freedom from fear, worry, anxiety, anger and anything that would produce cross vibrations and discordant conditions, greater powers of concentration, power to make more money and to use it where it will do the most good to the greatest number. In fact there is no quality or need which is not helped by daily renewing one's hold on the higher self. There is a place of peace in the soul and to find it is to shower its blessings into one's every relation in life by thus connecting its vibratory currents direct with the fountain head of vibration.

New thought and new idea is the essence of success, growth and happiness.

This simple noon hour observance has power to manufacture that attitude which will ever look forward to, and not dread, the coming day, because it will supply the strength that makes the difficult circumstance pleasant exercise instead of painful effort.

The heart and pulsations of the body vibrate to the tune of your thoughts, and your attitude, gait, health and surrounding conditions are only the correspondences of your permanent moods. By changing your moods your environments quickly change to correspond.

The laws of vibration explain more of life's enigmas than would at first appear.

The cat's eye is a rate of vibration which, because of the cat's needs and thought desires, has adjusted

"Co-operative thought generates power."

itself to the lower vibrations of light so it can see better at night than by daylight, but as the cat changes its desires through the knowledge that there is better food than mice, so does its eyes likewise gradually change to suit the better conditions of daylight.

The microscope deals with vibratory law when it reveals to us worlds within worlds. The Roetgen X rays likewise show that to higher rates of vibration, flesh, which is "matter," becomes invisible, thus strongly suggesting, if not proving, that still beyond, in the still higher rates, is a world to which *our* entire world is an illusion, and that "matter" does not really exist.

It is only another way of showing that the microcosm and macrocosm are one, and that God exists in every so-called atom. Yes, and that his omnipotence is not only latent, but may be manifested in every man.

At another time it will be shown how reasonable is this theory that God is truth itself (therefore omnipresent, omniscient and omnipotent) and man its co-existent power to think ("his image"), therefore having power to *create* through thought, and thus manifest all the beauties of truth's omnipotence. Life Scientists know that the atom is an illusion and based on the false theory that a particle (having magnitude) can exist without having parts. Any intelligent scientist or materialist will frankly acknowledge that the "atom" is only a *theory*, and that matter is a rate of vibration. No microscope exists which is sufficiently powerful to make the atom visible to the human eye. The microscope, on the other hand, *explodes* the atomic theory by showing that no two particles of matter actually touch each other, and that all particles are divisible and

"Co-operative thought generates power."

porous. The gradual improvements in microscopes have as gradually proved that the law of divisibility and porosity of all particles forever prevails, and that a particle cannot exist as an independent entity, because it would mean to be capable of sustaining itself *if separated* from the laws of adhesion, cohesion and gravitation, which are laws of *vibration* or *thought*, and not of matter. *That* it is clearly impossible for any known particle to do.

In other words, vibration or the *laws themselves* are the *reality* which manifest through thought and have their origin in truth, which is God, the eternal vibration. "In the beginning was the word, and the word was God." All is vibration, and thought is the power which moulds it at will.

If "atoms" exist they must be indivisible or non-porous. In other words they must be like a geometrical figure, without parts or magnitude, and therefore if multiplied even an infinite number of times, would never make something having parts. How many zeros would it take to make the number 1? Anything without parts can never make something having parts.

God or truth is the one "atom" which is indivisible and without parts, and so long as man believes in his separateness from that source or from all of its other manifestations, just so long will he separate himself from the satisfaction and happiness of the complete manifestation of that atom's omnipotence.

Man enlarges his relations and happiness by getting in line with the currents of nature's highest vibrations. It is possible for him to call up thunderbolts of power by simply tapping the currents of high vibrations. The

"Co-operative thought generates power."

only line of high vibration which really offers lasting power and happiness is the line which best enables man to answer his true relations of loving service to his fellowmen. The law of life is so perfect that each "atom" of the universe is perfectly able to take care of itself. It is a great mistake to think that the world needs our help. What we need is the ability to help ourselves. The only law which could produce perfect unity among an infinite number of parts is the law of love, where each person best helps himself by rendering loving service to others. That is the law of our life, and therefore that is the only life which will permanently satisfy us. Loving thought attracts of its kind. It is life and life-giving.

Loving thought service to others is not sacrifice; it is the only way we can truly help ourselves, and therefore the only true selfishness. It manufactures for us the only world that will ever satisfy. The world does not need our help, but we need to help the world in order to truly help ourselves. Love is the law of life, which originates the fires of eternity in man's heart. Its vibratory motion is the only "friction" which can produce the true fire of life and bring us into contact with the bright things of the world. When we are able to minister to *every* living being, then only will we reap the blessings of perfect happiness, by thus coming in contact with *all* the bright things of the world.

The scientist has means of knowing that the next few years will be very trying to unawakened souls. Nature will find methods of making such people think, and fortunate are they who turn to the spiritual side of life without waiting for nature's strong hints. With

"Co-operative thought generates power."

many the pressure will become so great that they will commit suicide. Such efforts to escape will, however, prove worse than futile. Man may kill his body, but his appetites, passions, etc., will remain as a thought organism until the *natural* period of death, when it will then partially disorganize for a time.

Hunger and thirst will remain, but not the same power to gratify it through the body. Suicides act as vampires, and so partially gratify their desires through the bodies of others.

Criminals who are executed when hate is in their hearts thus become more dangerous dead than alive.

The invisible is filled with living realities, and people little realize to what diabolical influences they expose themselves by certain habits which have their origin in corresponding moods of mind. It is no wonder that Shakespeare's "Hamlet" thought it "better to suffer the ills we have than to flee to others that we know not of." The laws of nature tend to equalize all varieties in condition. "Reaction is equal to action and in the opposite direction." For five thousand years the pendulum of nature has been swinging along the lines of materialism, ignorance and unbelief. Scientists know that its present halt signifies the beginning of its backward swing into the daylight of higher spirituality. Great financial changes, earthquakes, extremes of heat, suicides, etc., will be frequent and certain during the present period of readjustment. Those who are not ready to adopt new thought methods will suddenly find themselves confronted with unexpected obstacles. Business methods that have been successful will no longer apply to the changed and changing con-

"Co-operative thought generates power."

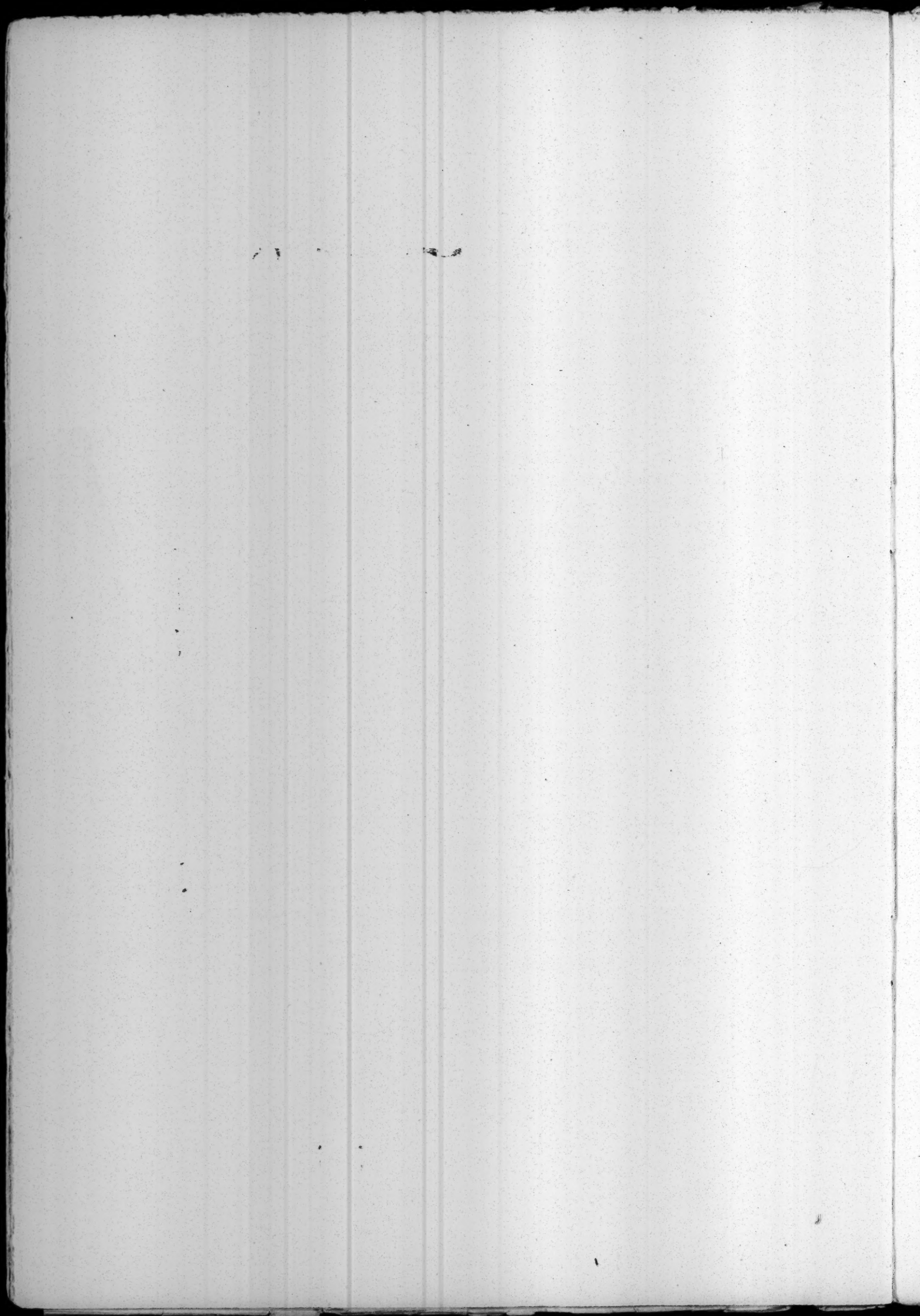
ditions, and will become worse and worse as the materialistic wave recedes. It is like suddenly *opposing* a strong wind and tide that have been at your *back*.

Astronomy strongly supports these assertions by showing that a complete change of the equinoxes, which occurs only once in 2,140 years, will occur this year. It also shows that several of the planetary influences get into the same "sign," or house, of the Zodiac, and it is only natural that they should be disturbed by the same difficulty in adjusting their vibrations that a dozen willful persons would experience who tried to live in one ordinary room. Many families whose members love each other very much when at a distance, begin at once to quarrel when they get in the same house.

Do you ask what are the necessary steps to take in meeting the changed conditions? Change your mental polarity. Obtain spiritual self-knowledge. Observe life practices that will repolarize your "atoms" in accordance with the true laws of your constitution. Adjust your business methods to the laws of thought. Learn thought-control, so that you may keep the mind steady and maintain permanent moods of success.

Do not expect materialistic methods to be successful in the future any more than you would expect the boy's child-voice to remain the same after he had passed the age of puberty. These subjects will be dealt with in future issues.

"Co-operative thought generates power."



LIFE SCIENCE.

Part Six—Test Questions.

81. Name at least three important life principles?
82. Name as many important life practices?
83. What is silence?
84. What are your sensations as your senses become hushed and consciousness is drawn deeply within?
85. What is the cause?
86. From what law is the power of silence derived?
87. Is it desirable that the mind be given periods of quiet at regular daily intervals?
88. Why?
89. Describe the action of the thought forces during such periods?
90. Can one's thought forces act as an attractive power upon persons or things at a distance?
91. Why?
92. If so, is it desirable?
93. Is it possible for thought to become dangerous?
94. Why?
95. Would the misuse of the thought forces result in great harm to the sender?
96. Why?

The whole of human life consists in dealing with the forces which comprise all life. These have their origin in the power of thought. To think and to live involves a responsibility. To live truly implies that understanding of life principles which places man in the realm of high potencies. The responsibilities for their right use are then correspondingly increased. Motive, understanding, premeditation and deliberation are recognized factors even in the administration of legal justice.

A comprehensive understanding of Life Science and of Nature's self-acting rewards and punishments necessarily strengthens the desire to do right and one's faith, consideration and general instincts of virtue, for rewards will ever be regarded as more desirable than punishments. Rewards are the sure results of knowledge and obedience.

